



The Living Farm

2011 CSA Program

What is a CSA (Community Supported Agriculture)?

In a CSA, a farmer offers a certain number of "shares" of his crops to the public. Typically the share consists of a box of vegetables, but other farm products may be included. Consumers purchase a share and in return receive a box of seasonal produce each week throughout the farming season.

Why participate in a CSA?

Buying direct from a farm is the best way to know what you're eating and to support your local community. Community Supported Agriculture is one of the best ways for consumers to buy local, seasonal food directly from a farmer and the best way to get the lowest cost on the best produce.

What makes our CSA stand out?

Most CSA's in this area run for approximately 22 weeks, whereas with our 4 greenhouses we can run our CSA for 50 weeks. Everything we grow is grown to exceed organic standards.

"I came from Denver and you guys far out do any CSA I saw in terms of quality and presentation."
Happy TLF CSA member

The Living Farm Produce CSA

There are only 70 shares available for our 2011 Produce CSA. We will have a small box (\$200 for 10 weeks) for 1-2 people or the large box (\$300 for 10 weeks) for 3-4 people. The small box will have 8 items and the large box will have 12 items. Returning members will have priority over new members. Please sign up early. Shares will be sold on a first come first serve basis. See the produce chart provided for produce availability.

Riders to your CSA

Along with our main Produce CSA we will have a few more riders available.

- **Pasture Raised Chicken rider** will consist of 1 frozen 4-5# chicken per week for 10 weeks. Cost is \$150/ 10 week segment.
- **Pasture Raised Egg rider** will consist of 1 dozen eggs per week for 10 weeks cost is \$40/ 10 week segment.
- **Pasture raised ground beef rider** will consist of 1 pound of ground beef from our pastured cows. Cost is \$60/ 10 week segment.

Winter Squash									X	X	X	X
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CSA Details

Produce CSA: We are doing 5 CSA segments this year. Each segment is 10 weeks in length. Signup will occur throughout the year.

CSA 1- this CSA is from January 8-March 12

CSA 2- this CSA is from March 15-May 21

CSA 3- this CSA is from May 24- July 30

CSA 4 - this CSA is from August 2 - October 1

CSA 5 -this CSA is from October 4 - Dec. 17

“We felt very lucky each week to be receiving these veggies.”
TLF CSA member

Returning members will have priority to the spaces available. New members will get the chance to join if there is space available. If you skip a segment you will be considered a new member.

Payment: Each segment will be 10 weeks and payment will be due up front.

Service areas: The Living Farm CSA serves the Roaring Fork Valley and Delta County. Delivery to Carbondale and surrounding communities will be on Tuesdays. For Delta County we will have pick up at the farm on Saturdays and delivery routes within the county on Fridays. Call to see if your house is within one of our service areas or if you would like to start a new area.

Farm pick up: If you would like to pick up your box at the farm the pick up time is from 9-12 Saturday mornings. If you are not able to come during that time then other arrangements can be made.

Trade box: We will have a trade box for the Saturday morning farm pickup. There will be no trade boxes for the delivered boxes.

Delivery: Delivery will be directly to your house. We will require a cooler on the porch to put the produce in. Cost is \$30 for the 10 week segment. All delivery routes into an area will consist of at least 10 drops. If you are not currently in our delivery areas, we can start a new area with 10 members.

Skipping a week: Please notify us 2 weeks before you want to skip a box. If you give us notice, we will credit your account for the box skipped. You can then use that credit to get items from our farm market, tours, dinners or as credit for the next CSA.

Recycling: We would also appreciate the return of egg cartons, milk jars, and anything else we can recycle. Taking good care of these items and returning them helps us keep your costs down.

Extra's and add ons: Every other week you'll receive our E-newsletter which will include specials, news, information and a list of extra items that our farm is offering that you may add on to your order. These extras include eggs, honey, meat, wool, milk etc. Please be sure to order your extras before your pick up date. These items may be limited, so order early.

Order Deadlines: You must order your add on items accordingly. Delta County members must have their order placed by 9 p.m. Wednesday evenings & The Roaring Fork must have their order placed by 9 p.m. Sunday evenings.

Work Program: If anyone cannot afford a box of vegetables you may apply for our work/trade program. Email or call for an application.

The Living Farm CSA Order Form 2011

Name		Address		
Phone#		Email Address		
Pick up/ delivery (please circle one): Farm Hotchkiss Paonia Crawford Carbondale				
Are you (circle one)	Vegetarian	Vegan	Omnivore	other
Which CSA segment are you signing up for? CSA 1- this CSA is from January 8-March 12 (farm pickup only) CSA 2- this CSA is from March 15-May 21 CSA 3- this CSA is from May 24- July 30 CSA 4 - this CSA is from August 2 - October 1 CSA 5 - this CSA is from October 4 - December 17				
CSA small	CSA for 1-2 people 8 items per week	\$200.00		
CSA large	CSA for 3-4 people 12 items per week	\$300.00		
Eggs	1 dozen large eggs per week	\$40.00		
Beef	1 # ground pasture raised beef per week	\$60.00		
Chicken	1 medium (4.5-5.5 #) per week	\$150.00		
delivery	CSA delivered to your house weekly	\$30.00		
		Total		

Make checks out to The Living Farm 12506 Crawford Rd.

Paonia, Co 81428. If you need help call Lynn @ 970-270-3338

To learn more about our farm and education center please visit our

**“The care and thoughtfulness that went into each box was amazing! Thank you! Looking forward to next year!”
TLF CSA member**

website at www.thelivingfarm.org or email lynn@thelivingfarm.org